

Lakewest/Oak Cliff Family YMCA of Dallas Metro

Y Oak Cliff Wrestling Club^{at} Bishop Dunne



We build strong kids, strong families and strong communities.

STRONG STUFF.

The YMCA of Metropolitan Dallas believes in providing membership and program services to all who desire to participate. The YMCA's financial assistance program use all available resources to those who have financial need and qualify for assistance, please ask our staff about the YMCA ACCESS sliding scale fee program.

Sat. Nov. 17th
Wrestling
Tournament for
Rookies at
Molina HS.
all ages!

Collegiate wrestling season runs November through early March.

Registration fee: 85.00

Last day of registration for winter session December 28th

The Lakewest/Oak Cliff YMCA Wrestling Club is an organization for young athletes ages 5-18.

Boys and Girls. Practices are held on

Tuesday and Thursday evenings from 6:00 p.m. to 8:00 p.m. at Bishop Dunne Catholic High School, 3900 Rugged Dr.

PRACTICES
BEGIN
THURSDAY
OCTOBER
25th!

To become a wrestler, or if you are interested in becoming a coach or referee. PLEASE CONTACT:

Kevin Cartwright, Director 214-330-6321, Coach Art Garcia 214-948-6969

Coach Kyle Stevens kstevens@bdhs.org at Bishop Dunne

Youth wrestling encourages the development of such virtues as:

- sportsmanship
- physical fitness
- competitive spirit
- good nutrition
- self discipline



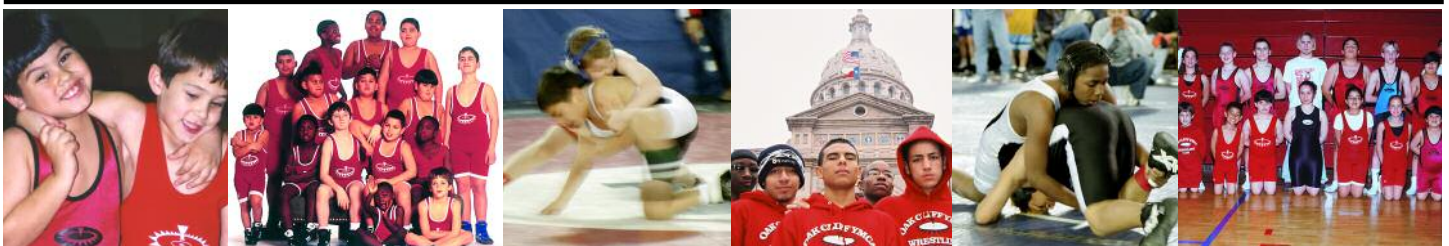
Wrestling is one of the oldest sports in the world. In fact, some of the greatest men in history like Benjamin Franklin and Abraham Lincoln have been wrestlers. It originated over 5000 years ago. Shown above is olympic Gold medalist Brandon Slay from Lubbock, Texas.

Any boy or girl of any weight or size can compete. With seven divisions:

- 5 & under
- 7 & under
- 9 & under
- 11 & under
- 13 & under
- 15 & under
- 16 & above



Within these five age groups there are 50 different weight classes ranging from 37 lbs. to 275 lbs. Each competitor wrestles an opponent his same age and weight. Wrestlers provide own uniform, headgear, and shoes.



6701 South Hampton Road - Dallas, Texas 75228 - 214-330-6321 - Fax 214-330-6222

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Participant Registration Form

5/under 7/under 9/under 11/under 13/under 15/under 16/above

Name _____ D.O.B. _____ Age _____ Sex _____

Address _____ City _____ Zip _____

Home Phone _____

School _____

Father/Guardian _____ Mother/Guardian _____

Work Phone _____ Work Phone _____

In case of accident or illness, I authorize the calling of medical services. I will not hold the YMCA or group leaders responsible in case of an accident. I can be contacted at the above numbers or _____ In the event that medical emergency attention is deemed necessary, I give permission necessary for emergency treatment by a Physician and/or hospital/ clinic. By my signature and of my free will. I do hereby agree to indemnify and hold harmless the YMCA from any and all claims and demands cost or expense arising out of any injuries sustained by myself or any party that I am responsible to or for. I give permission for the use of photos taken by the YMCA.
Refunds are given only when classes or programs are canceled by the YMCA. A letter or credit may be issued to be applied towards future courses or programs if a participant withdraws due to medical reasons. No CREDIT will be given after 75% of the program has been held. Credits will be prorated to the number of classes attended. A \$10.00 service charge will be assessed.

Signature _____ Date _____

Amount Paid _____ Receipt No. _____ Member No. _____